



Counselor Referrals

It's a courageous step to reach out for help! Finding the right counselor is important in working through our issues. We believe you will find one for you in these considerations. Ask them questions about their process, ask if they provide tools & resources, and ask if they take insurance or have a sliding payment scale. Some have the ability to work with you regarding the investment.

Lastly, most counselors will give you a 20-minute consultation to see if it's a good fit for you. Ask for what you need. **Here are some other things to consider** when considering Christian therapy. Should you need other professional recommendations, ask one of these providers for other colleagues.

Foundation for Counseling

Mike Luster MC, LPC (specializes in Kids & Teen Counseling)

Debra Luster MC, LPC, LSAC (Adults & Couples)

15650 N Black Canyon Hwy, Suite 130B

Phoenix AZ 85053

(602) 548-8733

Doug Withrow, MDiv, LMFT, MSC, S-PSB

7530 East Angus Drive

Scottsdale AZ 85251

(480) 409-2283

pcs@pcsearle.com

pcsearle.com

Mederi (*v. to heal*)

Kelly Ontiveros, kelly@mederi.group

Clare Graff, clare@mederi.group

8666 East San Alberto

Scottsdale AZ 85258

602-544-6044

mederi.group

Kim Van Wuffen, PLLC, LPC, CCTSF, CCTSS,

BHCC

Adults, Adolescents & Children

Trauma Therapist, Biblical Counseling and

Consultant

Scottsdale, Hwy 51 / Shea

602.900.7046

vanwuffencounselingservices@gmail.com

vanwuffencounselingservices.com

Ezra Counseling

14358 N. Frank Lloyd Wright Blvd Ste. 3
Scottsdale AZ 85260

480.630.6776

ezracounseling.com

Crossroads Counseling

Three locations around the Valley

623-680-3486 (or text: 623-313-5138)

counselingphoenixscottsdale.com

Professional Counseling Association

1830 S Alma School Road, Suite 112

Mesa AZ 85210

480-730-6222

arizonapca@gmail.com

pcaaz.com

Ben Woodruff, Optimal You

8114 East Cactus Road, Suite 240

Scottsdale AZ 85260

(480) 800-4491

restoredlivingcounseling.com

Brianna Stonelake, LCSW

Scottsdale AZ 85260

(480) 637-5388

psychologytoday.com

Christian Counseling Services

Several locations around the valley

(602) 620-2874

christiancounselingservicesaz.com