

RESILIENT LIFE ACTION PLAN

MINDSET.MOTIVATION.METHODS.

WHERE AM I TODAY?

WHAT ARE THE FACTS? DON'T LIE TO YOURSELF.

WHAT DOES THIS MEAN? WHAT MUST I DO?

90 DAYS: BABY STEPS. CONSISTENCY OVER TIME REAPS RESULTS.

12 MONTHS FROM TODAY...

GOD, WHERE DO YOU SEE ME IN THIS AREA OF MY LIFE?

SPIRITUAL

PHYSICAL

EMOTIONAL

RELATIONAL

PROFESSIONAL

FINANCIAL